



Blast program fees are broken out into 8 monthly payments minus a \$600.00 initial payment.
Training, League, Scrimmages, Coaches, Trainers Fees - Everything is included - No Surprises.

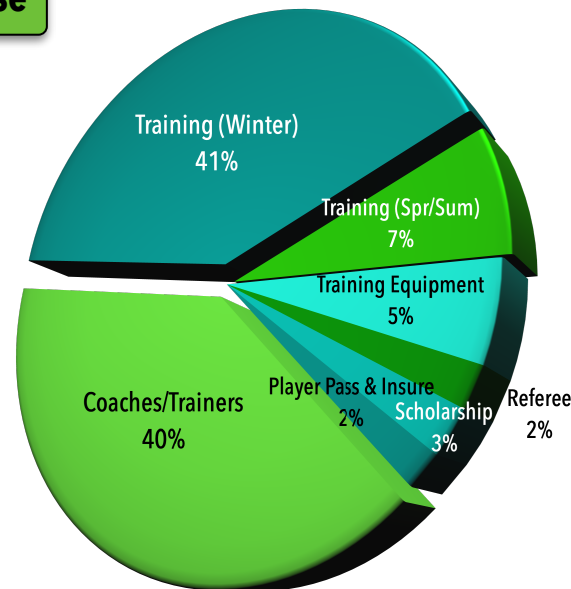
2026/27 Season Fees & Planning

	U6/u7/u8	u9/u10	u11/u12	u13/u14	u15/u16/u17	u18/u19	UPSL
Program Fee 2026/27	\$1,000	\$2,500	\$2,700	\$3,000	\$3,200	\$2,800	\$750
<i>Est. Cost Per Train/Game/Team Session</i>	\$12	\$17	\$17	\$17	\$17	\$16	\$15
	ADDITIONAL COSTS: Uniform & Estimated Travel Expenses						
<i>Est. Additional Cost for Uniform & Training Gear</i>	\$150	*\$375 for New Uniform Cycle or New & Returning players needing new sizes. <i>Includes: 2 uniform tops, 2 shorts, 1 sock 3 training tops.</i>					
<i>Est. Additional Cost for Tourney & Travel Costs</i>	\$0	<i>Estimates: Regional Drive trips - \$320 - \$375/Trip; Regional/National Fly Trips: \$400 - \$600 (often includes a team van).</i>					

Average Team (age group) Expense

While each age group has a slightly different overall cost total, the percentages allocated to the costs are very much the same.

Roughly, each season, 80% of our costs go to training facilities and coaching staff, with the remaining +/- 20% covering player and training expenses.



Coaches & Trainer Expenses

1. Blast Coaching Fee Structure:

- **Head Coaches:** \$6,000 - \$8,000/Yr. (96% Attend Required.)
- **Assistant Coaches:** \$2,000 - \$4,000/Yr. (75% Attend Required)
u9/u10: 1 coach; u11/u12: 1.5 coach; u13/u14: 2 coaches;
u15/u16: 2 coaches; u17/u18: 2 coaches
- **Trainers (club-wide):** \$1,000 - \$3,500/Yr. (Paid Hourly)
* Trainers may be keeper, fitness or trainers to help run a set

2. Blast Directors:

- **Program Directors [1]:** \$4,500/Yr. (2-4 hrs/week)
* Build age-level programming and development plans.
- **Technical Directors [2]:** \$4,500/Yr. (2-4 hrs/week)
* Execute technical requirements by gender and age-level.
- **Club Directors [1]:** \$4,500/Yr. (3-5 hrs/week)
* Manage operational needs of organization.



BLAST TRAINING & COMPETITIVE PLAN:

Blast competitive events are planned to coordinate with our development schedule. We utilize pre-season events to gauge development progress and adjust as needed. It is important players make pre-season events to continue our development schedule.

2026/27 Season Fees & Planning

	U6/u7/u8	u9/u10	u11/u12	u13/u14	u15/u16/u17	u18/u19	UPSL
Est. TRAVEL Plan:							
<i>Out of region "Fly" events</i>	0	0	0	1	2	2	1
<i>Regional "Drive" events</i>	0	0	0	2	3	3	0
<i>In-State "Local" events</i>	6	5	4	3	3	3	12
TOTAL EST. EVENTS/YEAR	6	5	4	6	8	8	13
Est. Travel or Event Months	<i>Fall & Summer</i>	<i>(Apr - July)</i>	<i>(Apr - July)</i>	<i>(Nov, Jan - July)</i>	<i>(Nov, Jan - July)</i>	<i>(Nov, Jan - July)</i>	<i>(Nov, Jan - July)</i>

Est. DEVELOPMENT Plan:	Based on our full training and competitive plan, it is estimated that Blast players on average, spend <u>\$8.50/hour</u> for Blast Development						
<i>Est. Training & Competitions</i>	83	145	158	178	184	178	50
Total Training Hours	57	110	122	140	144	138	36
<i>US Soccer Training: Game/Event Ratio</i>	2:1	2.25:1	3.25:1	3.25:1	4.25:1	4.25:1	3.5:1
<i>Train: Turf/Outdoor</i>	25	55	60	70	72	70	16
<i>Train: ARC Technical Sessions</i>	18	32	32	40	40	38	10
<i>Train: ARC Strength/Fitness/Agility</i>	12	15	20	20	20	20	10
<i>Blast Class & Team Challenge</i>	2	8	10	10	12	10	0
Total Training Hours	104	181	198	223	230	223	63
Total Competition Matches	26	35	36	38	40	40	14
<i>Tournament Games</i>	12	20	16	20	24	24	4
<i>Friendlies/Scrimmages</i>	4	3	2	4	4	4	0
<i>League or Tournament Only Games</i>	10	12	18	14	12	12	10



Blast season timeline is built to provide families with a guide for competitive and training seasons. The timeline is built around the US Soccer's recommended number of competitive events and age-appropriate training to game ratio for ideal player development.

Typical Season Timeline

Season	Month(s)	Events (proposed)	PROPOSED SCHEDULE										
			U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
FALL	Aug - Oct	Fall Training	✓	✓	✓	✓	✓	✓	✓	Typically Playing High School			H.S. & College
	Sept - Oct	Fall League or Tournament Only Games	✓	✓	✓	✓	✓	✓					
	October	• Racine Lighthouse - Racine, WI					✓	✓					
	November	• Scott Gallagher - St. Louis, MO							✓	✓	✓	✓	
WINTER	Jan - Feb	Blast Futsal (Jan - April)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	Jan - Apr	Winter Train Session (turf/ARC)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	February	• PDT Showcase, Phoenix, AZ							✓	✓	✓	✓	✓
	March	• Player Showcase, Las Vegas, NV							✓	✓	✓	✓	
SPRING (Teams may NOT DO ALL "checked" events, but have listed all current options.)	Apr - July	Outdoor Training (outdoor)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	April	• Puma Cup, Rockford, IL						✓	✓	✓	✓	✓	
	April	• Dallas Invitational (TX)							✓	✓	✓	✓	✓
	April	• Local Tourney (MN)	✓	✓	✓	✓	✓						
	April	• JFG, Des Moines, IA						✓	✓	✓			
	April	• Bluechip/Challenger, IN									✓	✓	✓
	April	• Crossroads, OH							✓	✓		✓	
	April	D2 College Scrimmages										✓	
	May	• Local Tourney (MN)	✓	✓	✓	✓	✓						
	May	MN State Cup/Presidents Cup					✓	✓	✓	✓	✓	✓	✓
SUMMER	April - July	League	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	June	• Chicago Inter, IL						✓	✓	✓	✓	✓	
	June	• Eau Claire, Eau Claire, WI				✓	✓						
	June	• Local Tourney (MN)	✓	✓	✓	✓	✓						
	June	• US Club Regional, Libertyville, IL						✓	✓	✓	✓	✓	✓
	June	• USYSA Regionals (State Cup champ)						✓*	✓*	✓*	✓*	✓*	✓*
	July	USYSA/US CLUB Nationals (Reg. champs)						✓	✓	✓	✓	✓	✓
	July	State Tournament (July)				✓*	✓*	✓*					
	July	USA Cup, Blaine, MN (Teams Decide)											
Actual events may change based on best competitive fit. If we have TWO teams at an age, one may do an event the other does not if they are scheduled within 2 weeks of each other.			Development/Competitive is an 8-10 month program of high level technical skill development Out-of-State Travel is coordinated by club, arranged by parent/family. Players room with teammates. * USYSA Regionals based on winning State Cup in June. ** State Tournament based on League Standings.										



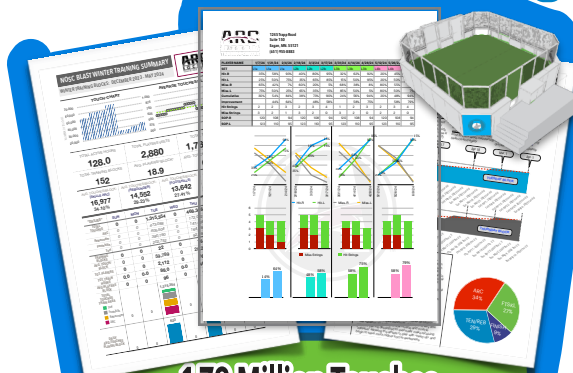
"Yes! It builds amazing technical skills... But, it's FUN!"

ARC Training Center & NOSC Blast Continue Partnering for 2026-27 Season

**BLAST
PARTNER**

After a very successful 2025-26 season, NOSC will again partner with ARC Soccer Center to take advantage of the only automated soccer training system in the US. NOSC and ARC have worked together to make ARC the most unique and valuable training system in the country. And ARC players will continue to benefit.

Superior Technical Skill Development



1.78 Million Touches
2,880 Player Visits
Accuracy Increased 77%
152 Total Sessions



Unmatched Repetition Training
Player Performance Screens
Accuracy & Consistency Tracked
Speed of Play Monitored

Soccer-Specific Strength & Fitness

Strength & Fitness training **specifically** for today's soccer player, to increase performance and keep them **safe!**

